Destinations to explore in Täby

Runriket: Runriket extends 21,7 miles around Vallentunasjön and has the world's highest concentration of runestones. You can visit nine historical sites and see examples of different types of runic carvings from the Viking Age. The nine places are Jarlabankes bro (the gateway to Runriket), Täby kyrka, Broby bro, Fällbro, Risbyle, Gällsta, Gullbron, Vallentuna kyrka and Arkils tingstad. **runriket.se**

Mörtsjöskogen: Hike around Mörtsjön and Käringsjön on the landscaped trails Sjöslingan and Skogsslingan. You will find quiet and unspoiled forest areas. In addition, exercise tracks in Mörtsjöskogen have been equipped with better track surfaces, lighting and signage. **taby.se/naturomraden**

Skarpängsparken outdoor gym: At Skarpängsparken's outdoor gym, visitors can practice coordination and fitness training with the help of equipment. Skarpängsparken also has large areas of grass, a small skate area and a playground. There are also exercise tracks at Mörtsjön, which lies nearby the park. **taby.se/utegym**

Karby gård: Karby gård is a place for people who are interested in culture and art. You can visit art exhibits, musical evenings and join courses. There is also a graphics workshop, a craft store and a café. **karbygard.se**

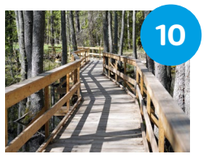
Cirkusleken: The playground Cirkusleken is found in Ellagård and has exciting equipment for playing, a circus carriage and sea lions. For the slightly older visitors there is a boules court and an outdoor gym. **taby.se/lekplatser**

Visingedammen: Walk on a gravel path that runs around the entire facility. Enjoy the shade of the trees, the view of the pretty fountain or the seating areas with tables. **taby.se/dagvattendammar**

Åva skatepark: Åva skatepark is an 800 square meter skatepark located next to Åva gymnasium and Tibble ice rink. A nice place to go skateboarding and inline skating. **taby.se/lekplatser**

Old nature path along Täby prästgårds nature reserve: In the fields south of Prästgården and Skogberga gård there are old house terraces, stone walls and graves from when Iron Age peasants lived here. A path with information signs takes you on a walk back in time. **taby.se/vandringsleder**

Ensta krog: Ensta krog is centrally located in Täby on Stockholmsvägen 205. There is a trail hub with several exercise tracks and an outdoor gym. Next to the tracks you will find the Ensta krog gallery where Roslagsmålarna have their exhibitions all year round. **taby.se/motion**



Stolpaskogen: Stolpaskogen is Täby's largest nature park area. You can experience varied forest environments within walking distance. Inside Stolpaskogen there is a shelter and an organized barbecue area. Part of the walkways are accessibility adapted, for example for wheelchairs. **taby.se/naturomraden**

Åkerbyparken: In Åkerbyparken there is a rose garden with cherry trees and magnolias. In the middle of the park is a fountain. Around the park there are seats for those who want to admire the apple grove or the flower beds. **taby.se/parker**

Centralparken: In Centralparken there is room for many activities. The park is large and has two playgrounds, a swimming pool, tennis court, an outdoor gym, senior gym and boules courts. For those who enjoy a walk in the park, there is a sculpture trail to visit. **taby.se/parker**

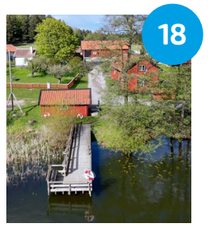
Trafiklekplatsen: In the playground Trafiklekplatsen, visitors are given the opportunity to learn about traffic safety through for example traffic signs and bus stops. Next to the traffic playground there is a playground with swings and climbing frames. **taby.se/lekplatser**

Walk along Rönningesjön: Along the shores of Rönningesjön runs a beautiful and popular walking route. Nearby there are playgrounds, exercise tracks, barbecue areas, swimming areas, an outdoor gym and other things to discover. **taby.se/naturomraden**

Slottsleken: The playground Slottsleken has a distinct castle theme. The children can go by horse and carriage to the castle, escape the evil dragon and kiss a frog. There are also seesaws, a sandbox, slides and many tables and benches. **taby.se/lekplatser**

Hägerneholmsparken: Hägerneholmsparken is a playful and exciting activity park that is divided into two parts on each side of the square. A smaller one for toddler play and a playground for slightly older visitors. In addition to the two playgrounds, there is a multi-sport area, an electronic ball court and an outdoor gym. **taby.se/parker**

Skavlöten: Skavlöten is located at the northern end of Rönningesjön. You will find a trail hub with several exercise tracks and an outdoor gym, swimming area and heated cabin. All in a beautiful nature reserve. **taby.se/motion**



Rönninge by: In Rönninge village, on the eastern shore of Rönningesjön, you can discover how everyday life for a farmer was 100 years ago. You will find a barn with animals, a coffee house, a museum and a craft store. **ronningeby.com**

Walk along Värtan: Here is a nice walking path that runs along Hägernäs and Viggbyholm with several marinas. **taby.se/vandringsleder**

Walk along Ullna: The paths at Ullna are largely gravel covered and to cross wet areas there are wooden walkways in place. Take a break at one of the resting spots and read the haiku poems by Tomas Tranströmer. **taby.se/naturomraden**

Hägernäs strand outdoor gym: At Hägernäs beach outdoor gym there is equipment for training with your own body weight. With a smartphone, visitors can scan a QR code to watch instructional videos. **taby.se/utegym**

Tornön: If you have access to a boat you can visit Tornön outside of Viggbyholm. It is a beautiful island with mixed trees, open fields, beach meadows, steep cliffs towards the water and a bridge for easy landing. There are many ancient monuments on the island. **taby.se/naturomraden**

taby.se/upplevtaby

TÄBY